

## **Self-reliance of Homeless People**

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— *Review of* —  
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### **ABSTRACT**

This research aims to understand the meaning of life of homeless people can have a career (self-reliance of homeless people). The study, using the Phenomenological concept. Start by exploring self-survey of the researcher and to stay Primer (Bracketing) as knowledge which is the first comprehensive mind of the researcher and to avoid a bias by avoiding speculations or assumptions of research beforehand. The researcher reviewed data from the data collection. Scoping Information, the researcher also defines the scope of research by selecting the Significant Statement in Consistent with the research problems and to define the meaning in each issue will remain important information not only overlap to descriptive the meaning and experience homeless life of homeless context and various forms. The research descriptive is divided into 2 sessions include a range of life experience before being the homeless people and experience the homeless people life that will be focused on two types of descriptive textural meaning and the structural meaning about the both phenomenon. The research indication that the essence of this study was what makes a wander person into the homeless life, how they face themselves in the homeless life experiences, and how the homeless people can be self-reliance. these will allow integration to determine recommended policy for the development and improvement of the living homeless to go in the right direction, benefiting people living on themselves to society and the nation.

Keyword Self-reliance / homeless people / phenomenological.

### **PREFACE**

Today, our world is changing rapidly, with many new things happening. Meanwhile, problems and obstacles of mankind existing in which still happen continuously. At present, Thailand is still there. "Homeless people" or people who can not coexist with others. People without relatives Individuals who are unable to feed

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their careers. Which is in charge of the Ministry of Social Development and Human Security. As a preliminary matter, the researcher found the number of homeless people at the shelter, homeless people who came to the Ban Metta homeless shelter in Nakhon Ratchasima Province increasing every year. Statistics show the number of the last three years, found that homeless people in homeless shelters or homeless people whom have used services in the mercy house can have a career. They were a lifestyle in a little more normal. (Ban Metta homeless shelter in Nakhon Ratchasima, 2558: 7-8).

The researchers had the opportunity to work at the Ban Metta homeless shelter in Nakhon Ratchasima as a social development from 1 April 2016 and tried to talk about preliminary inquiries from homeless people, officials closed to the homeless in the house. Their concluded answers were synchronized. Homeless people do not want to go back home and do not want to live off-site a protection because the shelter was safe, happy and comfortable with delicious food and hospitable staff who understand. Some have gone back into the services at the homeless shelter again. It made them fear when back into the services as a shelter because there are many clients want to stay in the shelter house.

## **1. OBJECTIVE OF THE RESEARCH**

To study experience, the lifestyle of people homeless.

## **2. EXPECTED BENEFITS**

The Ministry of Social Development and Human Security can use the standard data for utilized in the development of homeless people and make changes to their profession.

## **3. RESEARCH METHOD**

The study "The Course of Model Success Self – Reliance People Homeless: A Phenomenological Study" is a qualitative research (Qualitative research Method) which has brought concepts that research related to the thesis which was processed and used to guide the conduct of this study.

## **4. STUDY DESIGN**

This research was a qualitative research with a phenomenological model. To study and understand the lifestyle of homeless people. the Ban Metta homeless shelter in Nakhon Ratchasima with each stage of the research.

1. The Preliminary Study was to study theory related and research related to the way of self-reliance of homeless people.

2. The Nature of the subject matter The research focused on finding and understanding the experience of homeless people who can not work. In order to get the results that can be utilized as well.

3. The Criteria for selecting the phenomenon of homeless people and phenomenology of homeless people. For the study provided information that must be experienced. Can work routine, the researcher used the method to select a specific data

or samples (Purposive Sampling) to obtain the samples are determined according to the research.

4. The researcher pointed the needed information to clarify the samples which was selected in three specific issues, including ethics, research objectives, research advantages and guideline protection for the participants. The researcher had provided an opportunity for groups to raise some questions and signed the agreement to provide the sample data for the sake of this research. The interview based on the availability of the information is important.

5. The Interview with Thorough Records as the depth interview creating a friendly atmosphere to get the actual data reliability, the samplings did not worry about the rights for informational terminate in the conversation. The researcher was interested in contributors. Did not judge the value of them. The researcher would be recorded on the homeless people allowed. The interview might be repeated several times. Based on data integrity, in each interview would took no longer than one hour and at the end of each interview and to inform them of the confidentiality reliable with saying thanks.

6. The Data Analysis while kept the data from the homeless people were verified. The researcher looked up on the data when kept the data to know that the data received were diverged and completed which can be used to answer the research. The questions were not just any classified information in accordance with the objectives of the research. The data analysis methods used in the study of the phenomenological study, the researcher chose to analyze the data based on the concept of Colaizzi (Colaizzi, 1978) was to bring then analyze to the data and turned that data back to informants checked again. The researcher read all the data to understand overview of the data obtained. The authors described in detail (Write an Exhaustive Description), the researcher concluded a thorough description of each to meet the objectives of the research. This commitment is based on data from the actual experience of the informants and referred to believe that the data is true.

## **5. KEY INFORMANTS**

The key informants to this research, including homeless people who can not work regularly. In order to meet the information needs to be studied.

## **6. RESEARCH TOOLS**

According to the research "The Course of Model Success Self – Reliance People Homeless: A Phenomenological Study", the qualitative research, the Phenomenological study format is the study of human life faced with appearances by Cherry House (Houser, 2008) have stated so to get the information detail covering all aspects. For the purposes of research, the researcher approached to the data collection: 1. Non - Participant Observation, 2. In - Depth Interview, and 3. The research paper. The details are as follows:

## **7. NON - PARTICIPANT OBSERVATION**

Non - Participant Observation means the researcher collected the data and to hear the self-check (Verifying) information interview or not. The incidents all

took place as usual. To study the atmosphere, the basic information that researchers understand the way of self-reliance of people homeless secondary issue is the attitude of people feel helpless as a career.

### **8. IN - DEPTH INTERVIEW**

According to the research "The Course of Model Success Self – Reliance People Homeless: A Phenomenological Study", the qualitative research, the Phenomenological study format is an interview and insight into how to collect data in qualitative research. The researcher interviewed Homeless people in Metta Mercy House shelters homeless people in Nakhon Ratchasima (Key Informants) with unstructured interview (Unstructured Interview) which performed as well as an informal discussion. The study was prepared on the subject line of questions (Guideline) for discussion in advance as well as always, the atmosphere is normal practice. The researcher has focused on listening to what the interviewee tells of the experience. Wills with the attitude, the attitude of research documenting in notebook. Then interpret the data to find the explanation of the phenomenon that the objectives of the research (Chai Podhisita, 2006: 176-199).

### **9. RESEARCH PAPERS**

Studying from documents, the researcher collected data from the literature, documents, annual reports, and diaries of people homeless. Metta Mercy House homeless people in shelters Nakhon Ratchasima and documents related to the topic of thesis, including research related to their self-reliance of people homeless, the Buddhist principles that apply in everyday life, the development process modifications, academic papers, theses, research reports, books and an electronic media.

### **10. DATA COLLECTION**

The Data collection in the thesis "The Course of Model Success Self – Reliance People Homeless: A Phenomenological Study". This study was conducted to collect data manually. The procedure is as follows:

1. Bring the inurement letter for research from Mahachulalongkornrajavidyalaya University to ask for helps from parents, staffs in Metta homeless shelters in Nakhon Ratchasima.
2. The research coordinator linked the parents and staffs in Metta Mercy House homeless shelter to investigate the information relevant documents.
3. Observation without participation, way of self-reliance of people homeless.
4. The researcher selected a specific depth interviews. The homeless people are expected to provide data integrity. Access to vocational training routine. According to a review by the commission. Mercy House homeless shelter people Nakhon Ratchasima were the research purposes that come along with the record player
5. Protecting the rights of the data. As a result of this research was about life of the data. The researcher carefully collected the data and presented it. In order to not affect the lives of informants, the researcher thus avoided any action and

provided information that could allowed an upset. And avoided information that affects people in the organization also negative feelings of society to the organization.

## 11. DATA ANALYSIS

The data analysis obtained the study documents and related to research observation without the depth interviews participation that was held a category of the research objectives to analyze the meaning of feature classification, including linking relationship of the principles of Buddhism. To get an overview of the way of self-reliance homeless people in Mercy House shelters Nakhon Ratchasima respectively were as follows.

1. The research data obtained from the interviews. Documents from homeless shelters to the Mercy House shelters Nakhon Ratcahsima comparative analyzed the path to self-reliance of homeless people. To propose, according to the information that was actually experienced.

2. Researcher ID (Coding) to identify qualitative data into units. Multiple units can be implemented to deal with the data easily. By BY meaning that conveys the message. Which means literally meet and on the interpretation (Male Podhisita, 2007: 184-201).

3. Take the information section included to a part (Themes) by the data coherence. The analysis was taken into consideration, the meaning of the experience that matches what is shown (Appearances) and matched to find the meaning behind the theme (Essence) is all about the experience to be concluded and to understand the way of self-reliance of homeless people as the purposes of research.

4. Check the reliability of the data, the researcher examined the data then analyzed to provide information and checked again.

5. Synthesis from number 4 to include an overall essence of the Experience.

## 12. DISCUSSIONS

This research is a discovery of the text meaning and the meaning of the phenomenon which emphasize the importance of the essence of the phenomenon of homeless people who cannot work normally. Since life as homeless to living as a homeless person can work as routine. The core essence of life of homeless people, the conditions and the context in which a semantic structure were linked to the meanings message as perceived experience such conditions context. The research indication that the essence of this study was what makes a wander person into the homeless life, how they face themselves in the homeless life experiences, and how the homeless people can be self-reliance. These will allow integration to determine recommended policy for the development and improvement of the living homeless to go in the right direction, benefiting people living on themselves to society and the nation. These were 3 issues that related to the life of the homeless people: 1. family relationship to be aware of their presence. 2. Loss of recognition from family 3. Interaction group lifestyle along Buddhism can help homeless people to continue their career and recognized in a social group.

### 13. SUGGESTION

#### (The basic suggestion)

A study of the lifestyle of homeless people takes the understanding to the real needs which contributes the development and improvement of the living homeless to go in the right direction, benefiting people living on themselves to society and the nation.

1. The dimensions of perception of life, in the past, homeless people needed love, acceptance and understanding from family members, relatives, relatives visit and take them outside the shelter. These the social issues reflected that Thailand continues to give priority to the development of the human mind and teach of Buddhism to build a human which can solve their own lives.

2. The dimensions of the perception of living in a homeless shelter can live together in social groups, homeless people appropriately and self-reliance. These reflected the social issues that Thailand should continue to support proactive. That homeless people do not feel alienated from the people. Operations are supported or relied on various issues in the life of a veteran. To help homeless people can truly professional immediately.

3. In the dimensional perception of life, homeless people can work and break the cycle of homeless people but when anxiety chest to shelter, the homeless people are not comfortable, the food is not like this and must be returned to the shelter by the experience of seeing friends, going out and coming back. When the accumulation of money occupational and to ensure that on the outside and not have to return to shelter the homeless again and desire to live with family, society, like other people. The Homeless people can work and to create their own ready to return to society in general. Responsibility to try to change the experience of this group of people homeless as aid recipients. The help was recognized the new experience with a new meaning for their future life.

### 14. POLICY FEEDBACK

For the purpose of improving the lives of population that the homeless people were self-reliance that benefiting people living on themselves to society and the nation. These were the suggestions for the government and the private sector.

1. The daily life and interactions with others that represents a form of life so that the identity of people homeless policy of government agencies or private organizations involved in providing services to help the homeless people that are the diverse needs of all groups. Especially encouraged to continue their career and an incentive to return to the family or society. They can be self-employed. Do not get services from shelters to homeless people.
2. The homeless are people who want to get a good relationship with the people close to the family and the community. Therefore, to create opportunities for homeless people. It is absolutely necessary to know the needs then consider a career public or private, involved. A reasonable opportunity to be able to be self-employed and be recognized by family and community assets.

3. The data from the research was showed that the life experience of a homeless people were lacked of recognition and cannot live with good relationships within the family then they enter the lives of homeless people, so government agencies or private organizations concerned should have a policy to promote quality family life. To secure the well-being by focusing on activities that promote understanding, forgiveness, love, commitment and family counseling. And the government should provide integration between agencies, professional support and counseling or assist individuals experiencing life together. To play a role in both the individual level intervention at the family level, community level to reduce the life of people homeless.

## 15. SUGGESTIONS FOR NEXT TIME RESEARCH

According to this study, the researcher discovers the information on above that are the recommendations for further research as follows.

1. This research was aimed to on understanding the perception of the phenomenon can be attributed homeless people to get a regular occupation who is faced with a situation in direct experience. To include a material phenomenon to understand the phenomenon that will make its findings will be used as feedback theory or policy, so this research is findings for adoption. There should be a model to study by means of research, development or research participation. It aims to meet the needs of homeless people can have a career and return to live with their families, communities have happily like ordinary people.
2. The study of phenomena using Philotopia scientific methods as a subjective phenomenon way along. The study has profound concept especially in rooms Primer (Bracketing) in the process of data reduction (Reduction) in order to get experience as perceived by the informants, which is difficult and often involves a Philotopia subjective, so the researcher does research if choose to study this model, researcher should study the idea carefully. The study should provide clear guidelines and to answer the research question has comprehensive profound and reliable.
3. The method of the data analysis based on phenomenology as Existential Phenomenology or Phenomenological Psychology that was quite clear, detailed data analysis process that covered all dimensions and concrete. However, the phenomenological studies, there is also another line of data analysis methods. The specific subjects, such as landscape phenomenological interpretation. (Hermeneutical Phenomenology) that researcher should be aligned with the objectives of the research setting to achieve a maximum advantage.
4. In addition to study ways of self-reliance of homeless people, the researcher suggests to study causal factors into the lives of homeless people, a comprehensive clears all dimensions such as a family dimension, community or society and related agencies to get a reason cause or a condition that can be applied as a solution to develop in line with real problems.

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